CLEAN UP NECESSARY

ANNUAL TURNOVER AN IMPOR-TANT OCCASION.

If Only to Get Rid of Useless Odds and Ends the Time Devoted to Furbishing is Well. Spent.

There is nothing in connection with household economies that is of more importance than sanitation and venti-

Housekeepers in the city scorn the country woman's custom of a general upheaval every spring and fall, but a little thought convinces that the country woman has the right of it. The housemaid's daily efforts, even where they are supplemented by the service? of a charwoman, are not really sufficient, because at best they are never altogether thorough. Then, too, we all know how rapidly useless things "clutter up" a place. Nothing short of the regulation semi-annual cleaning seems to give the impetus necessary to get at them.

It is a mistake to hoard half-worn things. Convenience is so often sacrificed to sentiment. Mother hates to part with Willie's first pair of trousers, or the cunning little pinafore that belonged to Mary Jane's baby; but these things take up space-often where space is at a premium.

Where a house or an apartment has been closed in the summer time, general renovation is a necessity. When house-cleaning is pursued systematically-if the term may be applied to nything in itself so disrupting-half the labor of it is eliminated. But it is and Captain J. A. Ryan of the Fifunwise to leave the work entirely in teenth cavalry, left here for the Unitthe hands of a servant. If the careful housewife does not, as many of them do, put on cap and apron, she at least supervises the process.

This is the way in which one woman achieves sanitation. Hers is a large house, with several servants, but she always takes an active interest in domestic affairs. Never by any chance does she permit spring and fall to pass without the house-cleaning the country woman believes in. Incidentally, it is interesting to note-although it is not wholly relevant—that there has not been a case of illness in the house for several years.

In the beginning, boxes and trunks are looked after. Everything not of recognizable value is disposed of. Each room is subjected to a thorough fumigation. The following morning windows are thrown open, and the house is aired. By this method not only are flies, mosquitoes and roaches destroyed, but possibilities of disease from other sources are materially lessened. It is a precaution that is well worth

Now begins the real process of cleaning-the drudgery. The place is swept first with a broom, and then with a dry mop slightly dampened in ammonia water. When the little dust that remains has settled all wood surfaces are gone over with a soft, damp

Paraffine has other uses than for covering jams and jellies. A thin coating of paraffine over cheese will keep it in perfect condition through any number of hot days, and will also prevent its shrinkage.

If farmers were to coat the inside of the wooden tubs for butter with paraffine, it would prevent the contents from absorbing the wood-taste that is so often noticed even in the best of

For all purposes paraffine should be melted and applied to a cold surface. Eggs, coated with it are preserved longer than by any other method. Parof bottles containing acids or other strong chemicals are soaked in hot paraffine the contents will not affect them. A small piece of it will be found quite as useful as beeswax in cleaning flatirons or waxing thread.

Feather Cake.

Feather cake approaches a sponge cake. It is not so light, but proper sifting of flour and proper beating of eggs will help in its success. Onehalf cupful of butter, two of sugar, three cupfuls of flour and three eggs, one cupful of milk, three teaspoonfuls of baking powder, one pound of English walnuts. Save 35 half meats whole and the rest chop fine. Bake in a dripping pan; frost and cut into squares and put one of the nut meats on each cake.

German Meat Sauce.

Four quarts of ripe tomatoes chopped fine, one cup of red peppers cut in pieces, one cup of chopped onions, 11/2 cups sugar, one-half cup salt, 11/2 pints of vinegar, 11/2 teaspoons of cloves, the same of cinnamon, one teaspoon of nutmeg, the same of celery seed, one tablespoon of mustard seed. Boil for three hours, then bottle and seal. Good for all kinds of meats.

French Rolls.

One quart of light dough, threefourths cup sugar, one-fourth cup of seven years. lard, one egg; work in flour to stiffen, but not as stiff as bread. When light roll out. Cut with round cutter. spread butter on one-half, turn the other half over; let rise again, and bake in quick oven.

Useful Household Utensil.

juices and sprays them over the meat of washingtonia, our native fan palm. has been patented

For an Appetizer. with cream cheese, and made into found they will quickly disappear. balls, are delicious if served with a

ENGINEERS MAY STRINE

Chairman Knapp Hears of Trouble on Pennsylvania Lines.

Washington, Dec. ',-A serious controversy has arisen between the Brotherhood of Locomotive Engineers and the Pennsylvania railroad affecting particularly the lines west of Pittsburg. The details of the differences between the membership of the order and the railway company were presented to Chairman Knapp of the interstate commerce commission. The engineers desire official recognition of their general board of adjustment in the settlement of any grievances that may arise between members of the order and the railroad company. So serious has the difficulty become that a strike vote now is being taken by the engineers of the lines west of Pittsburg.

General Manager G. L. Peck of the Pennsylvania lines west of Pittsburg presented to the board of mediation the railway side of the controversy.

Wanted to See Cars Jump.

Delphos, O., Dec. . . - Harold Mollenkopf and Edgar Rutan, aged 9 and 10 years, respectively, placed several railroad spikes on the rails of the main tracas of the Pittsburg, Fort Wayne & Chicago road at Convoy, just before the New York-Chicago 18hour limited was due. A citizen saw the act, removed the spikes before the train passed, and probably prevented great loss of life. The boys said they put the spikes on "just to see the cars jump."

Magoon Starts For Home. Havana, Dec. .-Governor Ma goon, accompanied by Colonel E. H. Crowder, judge advocate at Havana, ed States. He was escorted to the steamer by many American and Cu-

Keeps Suicide Promise.

Columbus, O., Dec. 1.-As he had so often threatened, Homer Sebring, a well digger and sewer contractor committed suicide by taking carbolic acid, and died on the front porch of the residence where his divorced wife made her home.

DIVERT RIVER TO SAVE PINE BLUFF

Citizens of Arkansas Town Dig Channel Arcoss Land.

Pine Bluff, Ark., Dec. .- Fearing that the already weakened banks of Ar.Lexington 9:55 6:05 10:25 the Arkansas river would be unable to withstand the pressure of the THE FOLLOWING CONNECTIONS water when the full force of the present rise reaches Pine Bluff, it was decided at a mass meeting of citizens to divert, if possible, the channel of the river by the cutting through of a narrow strip of land where the river starts a "horseshoe bend" several miles north of the city. This plan, if successful, while leaving Pine Bluff away from the main channel, would eliminate, it is believed, the danger of an overflow, which would cause the destruction of a large amount of property.

Railroad Bridge Dynamited.

Cleveland, O., Dec. - An abutment of the recently completed Wheeling & Lake Erie lift bridge way stations. was badly damaged by a dynamite explosion. Traffic over the structure has been stopped pending an examaffine is acid proof, so that if the cork ination. The bridge was constructed by nonunion labor, it is said. Within a year there have been half a dozen explosions in the bridges of Cleveland and vicinity, all of which have been attributed by the police to labor

Boy Killed by Cars.

Perrysburg, O., Dec. .-Grant Euhler, 12, d.ed at Rheinfrank hospital as the result of being run over by a Cincinnati, Hamilton & Dayton feet were badly crushed and were amputated at the bospital.

Canadian City With Miles of Parking. Winnipeg, in Canada, now has more width of fifteen feet and all the parking set with trees. The streets thus is about 25 cents a front foot for the of interest throughout this section. parking strips and 4 cents a front foot a year to maintain them. The cost of the tree planting is an additional 4 cents a front foot. Whenever a street done and the cost assessed against the property. Unless there is a remonstrance against it the work is carried out either by contract or by day labor. The first cost is spread over a term of

National Parks.

While the American Civic federation is laboring to save Niagara falls and other beauties of nature, it is well to call attention to the fact that the Yosemite and the big tree groves are not the only spets in California that need A roasting pan which automatically state or federal protection. Down in "bastes" meat while cooking by means the canyons bordering the Colorado of a percolator which collects the desert we have a number of fine groves found nowhere else on the globe, and these should be made special reservations for park purposes. Should a Stuffed olives chopped fine, mixed commercial use for the giant trunks be

Subscribe For The News.

TRAIN SCHEDULE.

Passenger trains leave Winchester as

C. & O. EAST BOUND.

C. & O. WEST BOUND.

 No. 27, Daily Ex. Sunday...
 6:22 a. m.

 No. 21, Daily......
 8:03 a. m.

 No. 25, Daily Ex. Sunday...
 2:50 p. m.

 No. 23, Daily......
 4:38 p. m

L. & N. SOUTH BOUND.

No. 31, Daily..... 11:09 p, m L. & N. NORTH BOUND.

L & E. EAST BOWND.

No. 2, Laily Ex. Sunday ... 3:05 p. m No. 4, Daily..... 8:13 a. m L. & E. WEST BOUND.

No. 1, Daily Ex. Sunday ... 9:12 a. m No. 3, Daily 5:20 p. m.

LEXINGTON & EASTERN R'Y CO

Time Card, in Effect June 21, 1908

East Bound	No. 2	No. 4
	Daily	Daily
Stations	P.M.	A.M.
v. Lexington	2:25	7:35
Winchester	3:05	8:13
L. & E. Junction	3:20	8:26
Clay City	3:50	9:02
Stanton	3:58	9:10
Campton Junction	4:30	9:38
Natural Bridge	4:35	9:43
Torrent	4:47	9:56
Beattyville Junc	5:10	10:17
Athol	5:37	10:45
O. & K. Junction	6:05	11:15
Ar.Jackson	6:10	11:20
	1 No.3.	No.5

	No.1	No.3.	No.5
Westbound	Daily	Daily	Sun.
	Ex.		
	Sun.		Only
THE REPORT OF	A.M.	P.M.	A.M.
v.Jackson	6:10	2:20	7:00
O. & K. June	6:15	2:25	7:05
Athol	6:40	2:52	7:30
Beattyville June	7:07	3:20	7:54
Torrent	7:30	3:41	8:15
Natural Bridge.	7:45	3:55	8:26
Campton June	7:48	3:57	8:28
Stanton	8:15	4:26	8:54
Clay City	8:25	4:35	9:02
L. & E. June		5:07	9:34
Winchester	9:12	5:20	9:46
	10	000	40 00

CEPT SUNDAY.

L. & E. Junction-Trains Nos. 1. and 3, will make connection with the C. & O. Rv. for Mt. Sterling.

Campton Junction-Trains Nos. 1, 3 and 4, will connect with the Mountain Central Ry. for passengers to and from Campton, Ky.

Beattyville Junction-Trains Nos 2 and 4 will connection with the L. & A. Railway for Beattyville, Ky. O. & K. Junction-Trains Nos. 3

and 4 will connect with the O. & K. Railway for Cannel City, Kv., and

W. A. M'DOWELL, Gen'l Mgr. CHAS. SCOTT, G. P. A.

A Great Undertaking.

To promote the building of improved roads in Colorado, Wyoming, Utah, Montana, Idaho, New Mexico and Arizona and make accessible the wonderful natural scenery throughout the territory along the eastern base of the Rocky mountains the Rocky Mountain Highway association has been incorporated at Denver by Gerald Hughes. Harold Kountz and Charles A. Johnson. Membership in the organization freight train. The boy attempted to is open to any one interested in the jump onto the train, but he slipped good roads movement, and it is reportand fell beneath the wheels. Both ed that already a large number of prominent Colorado citizens have signified their intention of joining. The money for carrying out the plans of the association will be derived through than a hundred miles of parking be- private subscriptions and through state tween curbs and sidewalks, an average and municipal aid. It is hoped that through the efforts of this association there will eventually be constructed a parked are cailed boulevards. The cost chain of good roads joining all points

Public Ownership of Roads. The idea of public ownership of the highways seems to be coming to the is paved council orders the parking front. It has been proposed that the city of Philadelphia purchase the right of way and the property abutting the proposed new parkway leading from the central part of the city to Fairmount park. In Milwaukee county. Wis., the board of supervisors is discussing the advisability of acquiring the title to roads in various townships to the number of twenty and improving and maintaining them by taxation.

It has been said time and again that Queen Victoria was the thriftiest of all monarchs. Nothing in the way of income slipped through her fingers. She inherited from her Dutch ancestry that singular faculty of saving much and spending little. One of her gardeners brought up a family of five children on \$3 a week. The fact is considered creditable only to the garTHE

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